

Lunch Prices:
 \$3.25 Students
 \$4.50 Non-student
 Additional milk 45¢

SEPTEMBER 2022

American Heritage Charter School

Sack Lunch Option Daily
 PB&J, String Cheese,
 Crackers, Fruit, Veggie, &
 Milk

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|-------------------|
| | | | 1 | 2 |
| LABOR DAY 5 | 6 Corn Dog Tatar Tots Cinnamon Roll Salad Bar Fruit Milk | 7 Spaghetti Breadstick Salad Bar Fruit Milk | 8 Pizza Pudding Salad Bar Fruit Milk | 9 Virtual Day |
| 12 French Toast Scrambled Eggs Sausage Pattie Salad Bar Fruit Milk | 13 Tangerine Chicken Rice Sugar Cookie Salad Bar Fruit Milk | 14 Chicken Tenders Mashed Potatoes Green Beans / Roll Salad Bar Fruit Milk | 15 Pizza Rice Krispy Salad Bar Fruit Milk | 16 Virtual Day |
| 19 Super Beef Nachos Corn Salad Bar Fruit Milk | 20 Chicken Alfredo Breadstick Salad Bar Fruit | 21 Hamburger Fries Z Brownies Salad Bar Fruit Milk | 22 Pizza Pudding Salad Bar Fruit Milk | 23 Virtual Day |
| 26 Walking Tacos Peas Choc. Chip Cookie Salad Bar Fruit Milk | 27 Spicy/Regular Chicken Burger Fries Salad Bar Fruit Milk | 28 Mac & Cheese JELL-O Salad Bar Fruit Milk | 29 Pizza Rice Krispy Salad Bar Fruit Milk | 30 Virtual Day |

This institution is an equal opportunity provider. Menus subject to change without notice.