





## Virtual Friday Home-to-School Connection

**Week 1:** View the PowerPoint as a family, or on your own, and write a comment on this assignment sharing your favorite part of this month's Rise and Shine.

Weeks 2 – 4: Choice Board

Great	Cowboy Ethics	Words of the	Verse of the	Life Principle of
Expectations		Month	Month	the Month
4. We will cheer each other to success. Share about: Someone who has praised/encouraged you. How you can praise/encourage others? Write about a time when you received or gave praise or encouragement and whether it influenced your actions.	5. Be tough but fair. Being tough doesn't mean being cruel. Tough means being resilient, uncompromising, withstanding hard situations. Being fair doesn't mean to be a push over, it means to be honest and just in everything you do. Think of a time when you've had to be tough, but fair or when you have been in a situation where you did not feel you were being treated fairly. How did you feel in this situation? What can you do to change this? Write about it!	One of our words this month is <b>gratitude</b> . <b>Gratitude</b> means readiness to show appreciation for and to return kindness; the quality of being thankful. Being grateful takes practice, but it leads us to happiness. Think about what you are thankful for, every day, and your mindset will begin to change. You will see more positivity in your life and positivity is a great thing. Watch this video to get some ideas on how to show gratitude. <u>https://www.youtube.co</u> m/embed/l6zL3CtYG6Q	<ul> <li><b>"The Midnight Ride</b> of Paul Revere" by Henry Wadsworth Longfellow.</li> <li>Follow the link below and watch the "Liberty's Kids" version of that famous ride.</li> <li><u>https://www.youtube.c</u> om/embed/BLVMd2bB Ogk</li> </ul>	Service Is described as giving of one's time and energies to help others. Edward Everett Hale has said "I am only one. I cannot do everything, but I can still do something." What can you do to serve others?