

20



American Heritage Charter School

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Spaghetti Breadstick Salad Peaches Milk	3 Pepperoni or Cheese Pizza Salad Mandarin Orange Milk	4 Corn Dog Baked Beans Cinnamon Roll Salad Mixed Fruit Milk	5 Hamburger or Cheeseburger Tatar Tots Pudding Salad Fruit Cocktail Milk	6 Virtual Day	7
8	9 Waffles Sausage Orange Juice Hashbrown Milk	10 Pepperoni or Cheese Pizza Salad Pineapple Milk	11 Chicken Tenders Mashed Potatoes Roll Salad Fruit Cocktail Milk	12 Teriyaki Chicken or Tangerine Chicken Rice Brownie Salad Peaches Milk	13 Virtual Day	14
15	16 Oven Baked Cheese Sandwich Salad Mixed Fruit Milk	17 Pepperoni or Cheese Pizza Salad Peaches Milk	18 Mac & Cheese Jello Salad Mandarin Oranges Milk	19 Turkey Dinner Mashed Potatoes Roll Apple Crisp Salad Fruit Cocktail Milk	20 Virtual Day	21
22	23 			25	26 	27 28
29	30 Spicy or Regular Chicken Burger Spice Cupcakes Salad Pear Milk		PB&J sack lunch is available as a second option to what is on the menu!			

Salad a variation of:
Lettuce/carrots/cabbage

This institution is an equal opportunity provider
Menus are subject to change without notice

Milk Variety served Daily